

Climb to the Top is limited to 1,500 participants and we have reached maximum capacity. **NO ONE will be permitted to register onsite the day of the event.**

Event Day Materials and Start Times

Participants who met the \$250 fundraising minimum by February 12 were mailed their packets of event day materials. Click [here](#) to see a list of participants whose packets were mailed.

If your name is on the [list](#) but you have not received your packet in the mail by March 1 OR you did not meet the \$250 fundraising minimum by February 12, **you will need to arrive at least 60 minutes prior to your start time to pick up your packet of mandatory event day materials.**

Enclosed in your packet is your bib which has your timing chip on it. Be sure to pin your bib to the front of your body and do not remove the timing chip. Participant start times can be found on the home page of our website, www.climbMSnyc.org. You must be in your start line corral 15 minutes in advance of starting. **Because the event is at capacity, it is critical that all participants arrive at least 30 minutes prior to their start time as there will not be space to accommodate anyone in later waves.**

All participants must meet the \$250 fundraising minimum before receiving materials and participants will not be allowed to participate without these materials. Donations may be turned in on event day. Credit cards, checks and money orders will be accepted – **NO CASH.**

Directions

Climb to the Top is held on the concourse level of 30 Rockefeller Center. When arriving at the site, enter 30 Rockefeller Center on the street level (near the ice skating rink), and use the staircase on the right hand side to get to the concourse level, which is one flight down. Additionally there is an elevator that can take you down one level.

Directions by car

Directions by mass transit

Parking: There is no on-site parking available at 30 Rockefeller Center.

Schedule of Events

6:00 a.m.	Event Site Opens
6:20 a.m.	Opening Ceremony
6:30 a.m.	Elite Division *Top of the Rock opens for friends and family
6:35 a.m.	Fire, Military and Police Division
6:45-8:55 a.m.	General participants Waves
9:00 a.m.	Family Division
9:45 a.m.	Results Ceremony on the concourse. *Awards will be presented to the top three male and female climbers, and top male and female youth climbers (ages 7-11).
10:00 a.m.	Site Closes

Team Photos

Team photos will be taken on the Top of the Rock™ Observation Deck. Photographers will not be able to wait until all team members are present. Team photos will be posted on the Climb to the Top website two to four weeks after the event, and will be emailed to team captains. **NOTE: these are different from the Kodak photographs and are only for participants who are members of teams.**

Bag Check

All participants will be permitted to check their belongings. Bag check is available on the concourse level and in the Top Fundraiser Area. Your bag will correspond with your bib number. **You must have a bib number for bag check-in and check-out.** Please do not check valuables (wallets, cameras, etc.); the chapter is not responsible for any lost or damaged items. **Bag check will close promptly at 10 a.m.**

Food and Beverage

Water and a light breakfast will be available for all participants. Additional food will also be available on-site. We strongly encourage you to eat more than an hour before arriving to the event and/or after you have completed the event. We do not recommend that you eat or drink anything immediately before climbing. **Water bottles are NOT permitted in the stairwell.** The only water bottles allowed are the orange early incentive prizes.

Timing Chips

Climb to the Top is a timed event that on average takes 20 minutes to complete. The timing chip attached to your bib will record your official course time, which is captured at the entrance and exit of the stairwells. **Be sure to pin your bib to the front of your body and do not remove the timing chip.** Times will be posted on the Delta Results Screen at the finish line 20-30 minutes after you complete Climb to the Top and online by Monday, March 2, but why wait? **Sign up for live updates to get your time texted to you immediately - see directions below!**

Climb to the Top will Feature Live Athlete Updates Presented by Delta!

What are live athlete updates?

You, your friends and/or family can have your results, once you reach the Top of the Rock®, sent to Facebook, Twitter and your mobile phones.

How does it work?

- Click [here](#)
- Set up or sign on to your ChronoTrack Live account.
- Search for the athletes that you would like to receive updates on.
- Select how you would like to receive these updates.

T-shirts

Official event T-shirts will be available for all registered participants at Climb to the Top. Participant bibs have a tear off T-shirt coupon that must be submitted to receive a T-shirt. Participants who raise \$250 - \$999 will receive a white cotton event T-shirt. Top Fundraisers who raise \$1,000 or more will receive a gray dri-fit Top Fundraiser T-shirt. All participants living with MS may choose an orange cotton event T-shirt.

Medals

Finisher medals will be given to all participants upon completion of the event. Wear your medal proudly!

Event Photos

Participants will have the opportunity to purchase a finish line photo from the Top of the Rock™ Observation Deck. Photos will be taken by the Top of the Rock's official photographer, Kodak, and will be available on the day of the event at the gift shop. After your photo is taken, the Kodak photographer will hand you a card. **This card is required for you to be able to redeem your photo.** Photos will be sold for \$10.

Climb Champions Booth

Take a moment to stop by and learn more about multiple sclerosis and our chapter. The Champions will alternate between the Champions table and the finish line at the Top of the Rock™ Observation Deck from 6-10 a.m., to meet and thank you for climbing in their honor. If you are climbing in honor of one of our Champions, stop by the table to have them sign an orange Champions bandana for you to wear while climbing.

Why do you climb?

"I Am Climbing For" bibs will be included in your check-in packets for you to personalize. Be sure to personalize a bib before you arrive on Sunday morning! Also, take a moment to write why you are climbing on our Wall of Hope and read why others are too.

Friends and Family

Rockefeller Center® is open to the public at all times during the event. Friends and family are welcome to visit the Top of the Rock™ Observation Deck beginning at 6:30 a.m., for a discounted admission of \$2 off per person. Please have your guests go to the Top of the Rock™ Observation Deck box office and mention Climb to the Top at the time of their ticket purchase.

It is strongly suggested that friends and family arrive at least 30 minutes prior to your start time to give themselves enough time to purchase their tickets and get to the Top of the Rock™ Observation Deck! There will be a special waiting area for friends and family to cheer for participants.

Top Fundraisers

Participants who raise \$1,000 or more by or before the day of Climb to the Top are [Top Fundraisers](#) and will be given a blue bib at the time of check-in. Top Fundraisers are treated to a gray performance dri-fit Top Fundraiser T-shirt and invited, with a guest, to the Top Fundraiser lounge on the concourse level. The Top Fundraiser lounge will be open from 6 – 10 a.m. and will include coffee and upgraded snacks.

Elite 66 Club

The [Elite 66](#) Club at Climb to the Top is made up of the top 66 fundraisers from Climb to the Top 2014. These select fundraisers will be wearing a personalized yellow bib with their name and ranking. Members of the Elite 66 Club are invited, with a guest, to the Top Fundraiser lounge where they will receive their event T-shirt and Elite 66 Club gift bag.

Remember your 2015 fundraising can earn you a spot in the Elite 66 Club for Climb to the Top 2016. The top 66 fundraisers as of March 31, 2015 will be inducted into next year's club.

Course Description

Though you will climb 66 flights of stairs, the finish line is on the 69th floor. There are 1,215 steps. The stair width is 66 inches and the length is 10 inches. Each story has two flights of stairs, separated by a landing. The length of a flight varies, but the majority of them are nine steps each. **There are no headphones allowed in the stairwell.**

First Aid

First aid will be available as needed throughout the stairwell. If you need, or witness someone who needs first aid, please call the emergency phone number on your bib or inform a course marshal. It is strongly recommended that you climb with your cell phone for use in emergencies only.

Rest Stops and Restrooms

Rest stops are on floors 19 and 38, where restrooms and water will be available. Restrooms are also available on the concourse level and at the Top of the Rock™ Observation Deck. Except for a medical emergency, the only exits on the stairwell are on the 19 and 38 floors.

Passing

During the climb, participants **must pass on the right**. As a safety precaution, the runner being passed must not block other participants. Participants must never climb more than two abreast.

Stopping

Please try your best to not stop within the stairwell – slow your pace and try to continue climbing. If you need to stop and take a breath, make sure you only do this on a landing. Never stop on the actual flight of stairs.

If you wish to drop out of the event, climb to the next rest stop and inform the rest stop captain that you can no longer continue. If you are unable to climb to the next rest stop or are experiencing a medical emergency, do not head back downstairs! Call the number on your participant wristband or tell a course marshal that you need assistance and a medical team will be alerted.

Finish

You will exit the stairwell on the 69th floor and cross diagonally through the door to the outdoor terrace. For the safety of other Climb participants, do not stop once you exit the doorway; keep moving until you reach the cool down area. **All participants who have not reached the 50th floor by 9:45 a.m. will not be able to complete the climb and will be escorted down to the concourse level via the elevator. You will take the elevator down to the concourse level after you are finished. You will NOT be walking down the stairs.**

Post-race awards ceremony

Closing ceremonies will begin at 9:45 a.m. The top three male climbers and top three female climbers will be acknowledged. In addition, the top female youth and top male youth climbers (ages 7-11) will be acknowledged.